



MultiCoach **+ Dance**



SPORTS ENRICHMENT SESSIONS

2022/23

About MultiCoach + Dance:

MultiCoachLTD + Dance was formed in 2020 by Primary School Teacher, Tom Littlewood, and Dance Academy Owner, Amy Attree, to offer active and engaging sessions which inspire children to develop a passion for sport. MultiCoach + Dance builds teamwork, communication, resilience and transferable skills through inclusive sessions.

Extra – Curricular Clubs

Our Extra-Curricular clubs are a fantastic way to increase physical activity accessible to all children at your school. It provides opportunities for children to build social skills, confidence and life long transferable skills. All our clubs are adaptable, offering single clubs or multi-skills for all age groups including reception.

- Offering a range of 14 different sports for all Key Stages
- Breakfast, Lunchtime or After-School Clubs
- MultiCoach + Dance organises letters, payment and registers
- School – Funded or Parent Paid Clubs
- We offer 1 FREE Pupil Premium space at our clubs
- Specialised Sports: Archery, Nerf, Golf, Cheerleading, Orienteering



PE Provision

MultiCoach has been working with several Schools in Essex and Suffolk delivering sports provision and promoting healthy and active lifestyles. Our aim is to engage all children in sport and create a passion which encourages a lifelong love of Sport.

Our Primary School Lead, Tom Littlewood, will work alongside your school to support all aspects of PE at your school including curriculum coverage, tournaments, progression maps and Year 6 sport leaders just to name a few.

- Full and broad range of the curriculum with specialised coaches
- Tailored long-term plans and progression maps created for your school
- Class and individual assessment to track progress of all children
- Training for staff to be able to complete assessment
- Support in entering local tournaments
- OFSTED Ready Packs and support



Staff Training

MultiCoach understands the importance of upskilling current Staff to be able to support assessment, promote activity and lead high quality and inclusive PE sessions.

MultiCoach uses an active approach, getting staff involved in training through activities, building confidence and knowledge of the Primary Curriculum. Staff will be trained how to use our Progression Maps and Key Questions to deepen both Staff and Children's subject knowledge.

- Upskilling teachers, developing confidence and understanding of assessment to increase support staff involvement in PE sessions.
- MDA training to promote active play at break times.
- Termly training with your TA's to use our PE Progression Maps to improve subject knowledge



More About Our Leaders



Tom Littlewood is a former Primary School Teacher and a PE Coordinator across a Multi-Academy trust. Tom uses his in-depth knowledge of the Primary PE Curriculum and supports schools to create key documents, using previous Ofsted experience. Tom is passionate about building a positive rapport with children and providing a challenge-based ethos. Your school will have direct contact with Tom who will support you with both curriculum coverage and the wider responsibilities of a PE Coordinator including the key documents which need to be reported on your website.

Amy runs AMA Dance Academy and oversees our Dance and Gymnastics area of the curriculum. By having Dance and Gymnastic Specialist teachers we can ensure high quality coverage of this area of the curriculum is achieved. Amy plans sessions to link with the class topic and builds children's confidence to perform routines through creativity and teamwork. Children are exposed to a range of dance styles including cheer, street and modern. Children are encouraged to express through emotions and movements which is developed through their time at your school.



For a FREE consultation and lesson

Contact Tom 07769033144 – info@multicoachuk.co.uk

www.multicoachuk.co.uk