



# ***MultiCoach*** **Nursery**



**SPORTS ENRICHMENT SESSIONS**  
**2022/23**

# About MultiCoach:

MultiCoach was created in 2020 by Primary School Teacher and LTA Essex Coach of the Year 'Tom Littlewood'. MultiCoach aims to offer active and engaging, developing children's teamwork, communication and transferable skills. MultiCoach creates tailored sessions to every school or nursery we work with to ensure you get the best possible experience.

## What We Offer:

### ABC

Our ABC sessions focus on building children's agility, balance and co-ordination through a range of moving and catching games.

### Tiny Tennis

Tennis is a fantastic way to build co-ordination and focus.

Children use mini rackets and soft tennis balls

### Future Football

By using mini footballs, children get to practice dribbling, shooting and passing. These games require great teamwork in a fun environment

### Rapid Rugby

With lots of speed and handling games, rugby is a great way to get everyone involved

### Disco Dancers

Get the music on and the children moving! Our fun dance sessions keep the children active and being creative.

### Multi – Sport

Mixing up the sports each week so the children get a taster of all things active.

## Price List –

**Morning Session - £30 Per Hour**

**Afternoon Session - £35 Per Hour**

All of our sessions are tailored to each Nursery, therefore the following prices are a guide price. Please contact us for a quote.

To offer the best experience for the children, we recommend dividing the hour between smaller groups. We can work with you to best timetable this.



Contact Tom 07769033144 – [info@multicoachuk.co.uk](mailto:info@multicoachuk.co.uk)

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